SUPPLIES & TOOLS

Supplies Needed:
• 1 pair Espadrille Soles
• 1 Espadrille Outer Fashion Fabric
• 1 package Espadrille Liner
• 1 package Espadrille Creative Yarn
• Espadrille Iron-on Stabilizer
• Sewing Thread to match fabric

Tools Needed:
• Scissors
• Iron & Ironing surface
• Sewing Machine
• Espadrille Large Curved or Straight Needle
• Espadrille Yarn Wax
• Espadrille Point Turner
• Espadrille Glass Head Pins
• Marking Pencil
• Ruler or Tape Measure

CREATIVE OPTIONS:
• Tie-dye your fabric before construction. Paint it before or after construction.
• Glue gems and glitter for fun designs.
• Embroider on the fabric before or after construction.
• Insert grommets in the heels, one at each side. Tie with ribbon.
• Add a ribbon loop to the center heel as a pull-tab for snug fitting sizes. You can also use extra fabric to cut and stitch a tab. Makes it easy to pull on your shoes!
• Use fabric of your choice instead of packaged fabric for outer espadrilles or lining.
• Denim makes a great choice. Recycle your jeans!
• Patch and piece your fabric before cutting, to create color-blocked shoes.
• Add pom-pom trim to the top edge of the front.
• Quilt your espadrilles.
• Add eyelets and ribbon to create faux lacing.

PREPARATION:

NOTE: RS = Right Side; RST = Right Sides Together; WS = Wrong Side
2. Cut patterns on appropriate size lines. NOTE: When choosing cutting lines, consider the width of your foot. For skinny feet, you can choose one size smaller. For wide feet choose one size larger. This may alter the way toe and heel fit together. If you choose a pattern size other than the one that matches the sole, pin-test stitched pieces to sole before joining. When satisfied with the fit, pin-mark the overlap of toe and heel. Unpin fabric from sole and continue. (Step 11)
3. Place lining and outside fabric RST. Pin pattern pieces to fabric, aligning arrows with fabric grain. Cut one set with each pattern piece. Mark ease circles on RS of toe fabric. (NOTE: The term “ease” refers to a larger amount of fabric that is forced to fit into a smaller area. It is “eased” to fit, offering important additional toe room.) Unpin patterns and flip toe pattern over. Pin, cut, and mark another set of each.
4. STABILIZER FABRIC: Aligning arrow with fabric grain, pin Heel Stabilizer pattern to iron-on fabric. Cut two. Optional: For stronger toes, cut one Toe Stabilizer with pattern face-up. Flip pattern over; cut a second one face-down.
5. Center heel stabilizer glue side down against WS of each heel lining, aligning top and bottom edges. Place optional Toe Stabilizer glue side down against WS of each toe lining, aligning outer edges. Set dry iron to Wool. Press to fuse, holding iron in place for 20 – 25 seconds.

MACHINE SEWING:
6. TOE: Pin lining to outside fabric, RST. Sew 3/8” seam around edges, leaving 2” opening on one side, close to the point. Trim fabric diagonally at corners. Trim seam allowance to 1/8”.
7. HEEL: Repeat Step 6 with heel, leaving 2” opening along bottom curve.
8. Turn sections RS out; use point turner to gently push out corners and shape curved seams.
9. Fold seam allowance of 2” openings to inside. Press edges. Topstitch edge of 2” openings to close. Stitches will be hidden when complete.

**OPTIONAL:** Topstitch top curve of heel.

**Step 8**
Turn RS out. Push out corners with point turner.

**Step 9**
Topstitch openings on each piece

10. Place toes lining side up. Use ruler to mark a 2” line 5/8” from and parallel to, the inner curved edge of each toe piece. This is your overlap guideline.
11. Aligning short ends of heel to marked lines, pin heel to toe. When pieces are RS up, toe should overlap heel.
12. Topstitch edge of toe. Stitch again ¼” away for reinforcement.

**Step 10**
Lining Side of Toe

**Step 11**
Overlap heel to 5/8” line

**Step 12**
Right Side up

**ATTACHING THE FABRIC TO THE SOLE:**

13. Toe pattern has inside and outside edges marked. Compare finished toe section to pattern. Use masking tape to mark pieces as LEFT and RIGHT. Pin-mark center of heel pieces.

**Step 13**
Mark left and right shoes with masking tape.

**Step 14**
Blanket stitch fabric to sole. See Steps 15 – 17

14. Place soles on table surface, jute side up. Pin-mark center back of soles. Pin fabric to edge of sole aligning center marks. Make sure toe edge points are across from one another. Push a pin into fabric and sole at heel to hold fabric in place. Slightly stretching heel, align fabric edge with sole edge and continue to pin heel to edge of sole around both sides. Pin toe, stopping at ease marks. Pin center of toe to sole. Excess fabric should arch up between pins. Pin every 3/8”, adjusting so excess fabric fits in evenly. **NOTE:** If there is too much fabric to fit in available space, you may have stretched heel fabric too much. Unpin, adjust and re-pin fabric.

**BLANKET STITCHING:**

15. Cut 90” of yarn; pull through yarn wax. Thread needle and knot one end.
16. Start stitching along outside straight edge at joint of heel and toe. To start, pass needle through jute ¼” down from edge of sole, and then up through fabric, just past seam allowance (about ¼” in from edge). Pull yarn sharply to snug knot into jute.
17. Hold loose yarn to right of stitch. Move over ¼” and take a second stitch, coming up within loose loop of yarn. Sharply pull yarn to secure the stitch. Hold previous stitch in place with free hand, while taking next stitch. This is a blanket stitch. Continue to pull yarn tightly while stitching around heel and toe. (TIP: To help avoid tangles allow yarn and needle to dangle after every few stitches.) When stitching is complete, take three stitches in place through fabric; knot yarn and clip excess.

**Step 16**
Use straight or curved needle.

**Step 17**
Blanket stitch fabric to sole. See Steps 15 – 17

18. Repeat Steps 15 through 17 for second shoe.
19. Fine-tune the fit. For loose heels or baggy toes, shrink fabric slightly. To do this, fill large bowl with very hot water. Immerse fabric side of shoe in water for two minutes using tongs to hold shoe so only fabric is immersed. (Wet jute is not a problem. It just takes longer to dry.) Allow shoe to dry in the sun. Do not place shoes in dryer. (NOTE: If shoes stretch out with daily wear, use this process to create a snug fit.)